

SNACKS & TREATS

DATE BALLS

INGREDIENTS:

- ½ Cup Whole Oats
- ½ Cup Unsweetened Shredded Coconut
- 2 tbsp Maple Syrup
- 3 tbsp Peanut Butter
- 3 tbsp Coconut Milk Full-Fat, Canned Coconut Milk
- 4 Large Medjool Dates Pitted
- 1 tbsp Cocoa Powder
- 1 Scoop Bioteen Chocolate Whey Protein

METHOD:

Place all ingredients into a food processor and pulse until blended and the mixture clumps together. Refrigerate the mixture for 30 minutes. Roll into 12 balls.

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