



Cold Buster



Key Deliverables:

Daily supplement to repair damaged physical gut lining/ leaky gut (possibly due to antibiotic overuse)

Format:

Ready to mix drink (Cherry)

Key Ingredients:

N-Acetyl Cysteine (NAC), Vitamin C (1000mg), Selenium, Zinc

Indication:

Cold Buster is designed to fortify immunity and promote respiratory health formulated with N-Acetyl Cysteine (NAC) for effective mucus breakdown, key minerals Zinc and Selenium for optimal immune cell function, and 1000mg of Vitamin C for enhanced immunity and reduced cold severity. It's an ideal solution for those seeking to bolster their immune response and expedite recovery from seasonal ailments.

Problem/Complaint:

Congestion, Runny nose, colds.

My Teen:

Congestion and a run down immune system.

Symptoms Associated:

Runny Nose

Sneezing

Headache

Fatigue

Coughing

Sore Throat

Nasal Congestion

Muscle Aches

Mild Fever

Sinus Pressure

Chest Discomfort

Sleep Disturbances due to congestion

Functional Benefits:

✓ Immune Boosting:

With a blend of essential Zinc, Selenium and Vitamin C, Cold Buster supports the normal function and development of immune cells, helping your body more effectively combat colds.

✓ Mucolytic Action:

Cold Buster is formulated with N-Acetyl Cysteine (NAC), which aids in breaking down and clearing mucus from the respiratory tract, thereby helping to alleviate congestion.

✓ Respiratory Support:

By promoting mucus breakdown and enhancing the immune response, Cold Buster supports respiratory health, an important factor in recovering from seasonal ailments.

✓ Faster Recovery:

Through its multi-pronged action on immune enhancement, mucus breakdown, and respiratory support, Cold Buster aids in expediting recovery from colds and flu, getting you back to optimal health quicker.

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Active ingredient	Main mechanism of action
NAC (N-Acetylcysteine)	NAC is a modified form of the amino acid cysteine and a precursor to glutathione, a powerful antioxidant in the body. NAC has mucolytic properties, meaning it can help break down mucus, making it less thick and sticky, thus easier to expel. This action can help relieve congestion in the airways. Furthermore, by boosting glutathione levels, NAC can support the immune system and provide antioxidant defense against free radicals.
Zinc	An essential mineral that plays a crucial role in the immune system. Zinc is required for the activity of numerous enzymes that aid in cell division and replication. Deficiency can impair immune function, while supplementation has been found to regulate and boost immune response, and has been shown to reduce the duration of common cold symptoms.
Selenium	Selenium is an essential mineral that contributes to the health of the immune system. Selenium helps lower oxidative stress in your body, which reduces inflammation and enhances immunity. It also plays a role in the regeneration of vitamins C and E, amplifying their effects.
Vitamin C	A powerful antioxidant that contributes to immune defense by supporting various cellular functions of both the innate and adaptive immune system. Vitamin C can enhance the skin's defense system, promote the oxidant scavenging activity within the skin, thus protecting it against environmental oxidative stress. Moreover, it has been shown to reduce the duration and severity of common colds.

		
1 level scoop in 200-250ml of cool water	Mix in a glass.	1 serving daily. Anytime.

Supplement Facts

Serving size: 8.5g (1 level scoops)

Servings per container: 30

	Amount per serving	% DV
Energy (kJ)	13	
Protein (g)	0.0	
Glycaemic carbohydrates (g)	0.0	
of which total sugar (g)	0.0	
Total fat (g)	0.0	
of which saturated fat (g)	0.0	
Dietary Fibre** (g)	2.0	
Mucolytic and antiviral Complex		
N-Acetyl-L-Cysteine (NAC) (mg)	500.0	
Zinc (mg) as Albion® Zinc glycinate	11.0	100%
Selenium (mcg) as Albion® Selenium glycinate	55	100%
Hydrating Electrolyte Complex		
Sodium (mg)	150	
Potassium (mg)	55.0	
Antioxidant and Prebiotic Complex		
Fibersol®-2 (g)	2.2	
Vitamin C (mg) as Ascorbic acid	1000.0	1000%
L-Glycine (g)	3.0	

* Percent Daily Value based on a 2000 calorie diet

*** Daily Value not established